The American Osteopathic Association of Prolotherapy Regenerative Medicine

SPRING 2017 TRAINING SEMINAR | MARCH 29 - APRIL 2, 2017

PROLOOTHERAPY & REGENERATIVE MEDICINE CONFERENCE
WELCOME TO THE AMERICAN OSTEOPATHIC ASSOCIATION PROLOТЕРАПY REGENERATIVE MEDICINE 2017 SPRING TRAINING SEMINAR!

Welcome! We are excited to have you come to our Spring 2017 Training Conference held for the second year in a row at the beautiful Rancho Bernardo Resort in Southern California. In the Spirit of Professional Education we have endeavored to continue to be the premier training organization for prolotherapy regenerative medicine. With that said, we have formally organized our preconference beginner’s course with a defined curriculum and an accompanying practical exam to include both anatomical palpation and injection preparation. We anticipate that this course will prepare students and new practitioners to engage in the cadaver and injection workshops of the main conference. Further, we have enlisted a fantastic group of presenters to cover the comprehensive topics involved in prolotherapy regenerative medicine necessary for achieving maximum successful patient outcomes. We will again have our participatory cadaver lab with prossections for detailed anatomical learning and body sections for dry needle injection practice. We have designed the conference with 7:1 student to instructor ratio to ensure effective learning and experience. We look forward to providing great CME and rekindling of friendships in a relaxing, regenerative atmosphere.

ARDEN ANDERSEN D.O.
Program Chairman
RANCHO BERNARDO INN
San Diego, California

MAKE YOUR HOTEL RESERVATION TODAY:

www.ranchobernardoinn.com
800-542-6096
(Ask for the AOAPRM group rate of $219/night.)
Group rate deadline is February 24th.
BEGINNERS; THE BASICS YOU MUST KNOW BEFORE YOU GET STARTED
MARCH 29 | Category 1A | CME Credits (8)

This one day beginner’s program will cover pertinent anatomical structures that must be identified and palpated for each joint prior to any injection. In addition, the attendee will learn how to determine what size needle and solution is appropriate for that particular injury and joint. The attendee will also practice drawing their own solutions. There will be a beginner’s checklist provided to each attendee. This should be completed by the end of the day.

The AOAPRM’s goal is to provide all novice prolotherapy physicians a comprehensive introductory course before attending the main conference. The main conference will build on the basics and allow the beginner to better assimilate to the more advanced and complex variations to standard procedures. This one day program will follow a joint by joint format and will run from 9 to 5pm with a one hour break for lunch.

- Extensive review of pertinent anatomical structures
- Palpation and determination of injured site
- OMT prior to injection if necessary
- Determining what solution is appropriate and practice drawing the solutions
- Actual injection if necessary

There will be a 7:1 instructor/student ratio. Due to the small group size, the program is limited to 56 participants so PLEASE register early.

MODERATOR:
David Nebbeling, D.O.
PROLOOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE

THURSDAY, MARCH 30 | Category 1A | CME Credits (27)

8:00 AM  Introduction to Prolotherapy and the Basics of Prolotherapy Solutions – Arden Andersen, D.O.
9:00 AM  Prolotherapy Treatment for Lumbar Spine Injuries – Richard Hull, D.O.
10:00 AM  Break
10:15 AM  Prolotherapy Treatment for Common Shoulder Injuries – Walter Grote, D.O.
11:15 AM  Prolotherapy Treatment for Cervical Spine Injuries - John Sessions, D.O.
12:15 PM  Lunch and Learn with Doug Jorgensen, D.O.,CPC, FAAO, FACOFP
1:30 PM  Prolotherapy Research and Literature verification – Adam Weglein, D.O.
2:30 PM  Break
3:00 – 6:00 PM Injection Workshop Training

This workshop is 3 hours and will include various joint injection instruction and other regenerative medicine techniques (i.e., PRP, Facial Ascetics, Soft Tissue, OMT, Prolozone, Varicose Veins).

PROLOOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE

FRIDAY, MARCH 31 | Category 1A | CME Credits (27)

8:00 AM  Prolotherapy Treatment for Injuries to the Knee Joint – Mark Johnson, M.D.
9:15 AM  PRP and Stem Cells for Sports Injuries – Shounuck Patel, D.O.
10:15 AM  Break
10:30 AM  Prolotherapy Treatment for the Wrist/Elbow Joints – Brian Browning, D.O.
11:15 AM  Prolotherapy Treatment in the Soft Tissue – Damon Whitfield, D.O.
12:30 PM  AOAPRM Business Luncheon
2:00 PM  Prolotherapy in the Holistic Regenerative Practice – Charles Mahl, M.D.
3:15 PM  Collagen & Supporting Nutrients for Joint Health and Tissue Regeneration – Arden Andersen, D.O. and Tim Mount, CN,CCMH
4:10 PM  PRP and Aestheticare – Aline Fournier, D.O.
**PROLOTherapy & Its Role in Regenerative Medicine**

**Saturday, April 1 | Category 1A | CME Credits (27)**

**Cadaver Lab** – This lab is 3 hours and will feature 3 joints; Shoulder, Spine and Knee. This lab will be available as a morning and afternoon session.

**Injection Workshop Training** – This workshop is 3 hours and will include various joint injection instruction and other regenerative medicine techniques (i.e., PRP, Facial Ascetics, Soft Tissue, OMT, Prolozone). This lab will also be available as a morning and afternoon session.

If you register for the cadaver lab you will be assigned either the morning or afternoon session.

If you do not register for the cadaver lab you will attend both the morning and afternoon injection workshop sessions.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9:00 AM - Noon</td>
<td>Injection Workshop</td>
</tr>
<tr>
<td>9:00 - Noon</td>
<td>Cadaver Lab Group 1</td>
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<tr>
<td>Noon</td>
<td>Lunch on your own</td>
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<tr>
<td>2:00 - 5:00 PM</td>
<td>Injection Workshop</td>
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<tr>
<td>2:00 - 5:00 PM</td>
<td>Cadaver Lab Group 2</td>
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**PROLOTherapy & Its Role in Regenerative Medicine**

**Sunday, April 2 | Category 1A | CME Credits (27)**

8:00 AM | The Nutritional Side to Regenerative Medicine – Arden Andersen, D.O.
10:00 AM | OMT/Manual Medicine: Spine and Extremities – Arden Andersen, D.O.

Meeting Adjourned

*Program Schedule is subject to change. No video recording is allowed during workshops to respect the privacy of patients.*
First Name: __________________________________________________  MI:  ________  Last Name: __________________________________________________

Degree: ___________________________________________________________

Address: __________________________________________________________________________________________________________________________________

City/State/Zip: ___________________________________________________________________________________________________________________________

Daytime Phone:  __________________________________________________________  AOA# (if applicable): ________________________________________

Email Address: ___________________________________________________________________________________________________________________________

CONFERENC FEES

CONTINENTAL BREAKFAST + 2 LUNCHEONS

Indicate any special dietary needs:

* $700 Pre-Conference for Beginners; The basics you must know before you get started (This is a required course for all beginners)

$1200 Main Conference (Non-Members)

$900 Main Conference (Members)

$700 Main Conference (Reduced fee for all beginners required to take the preconference.)

$700 Cadaver Lab (This is optional and is limited to the first 56 registrants.)

Student and Residents (call or email Linda Pavina @ 302-530-2489 LindaPavina@verizon.net for reduced fee details)

TOTAL CONFERENCE FEES:  $___________________

PAYMENT OPTIONS

ALSO REGISTER ONLINE AT WWW.PROLO THERAPY COLLEGE.ORG

Check (Make payable to: AOAPRM. Mail to: 303 S. Ingram Ct., Middletown DE 19709)

Mastercard  Visa  Diner  AmEx  Other

Cardholder’s Name: ______________________________________________________________________________________________________________________

Card #:  _______________________________________________________________________________________ Exp. Date:  ___________  CVV#:  ___________

Please return form with payment no later than February 30, 2017. Space is limited so register as soon as possible.

Fax: 302-376-8081

CANCELLATION/REFUND POLICY

The AOAPRM will refund 50% of the registration fee up to 90 days prior to the meeting date. 0 to 89 days prior to the meeting date will receive no refund.

HOTEL INFORMATION

RANCHO BERNARDO INN - 17550 BERNARDO OAKS DRIVE - SAN DIEGO, CA 92128

Make hotel reservations online at www.ranchobernardoinn.com or by calling 800.542.6096. Ask for the AOAPRM group rate of $219/night. Includes free self parking and free internet, as well as waived resort and fitness room fee. Rooms are limited so make your reservations as soon as possible. This rate is available until February 24, 2017.

Students and Residents call or email Linda Pavina @ 302-530-2489 or LindaPavina@verizon.net for reduced fee details.