

# MASTERING HVLA MANIPULATION: APPLICATION IN A BUSY OSTEOPATHIC PRACTICE

Aug. 10-12, 2018 • The Pyramids • Indianapolis

## Course Description

Direct method high-velocity, low-amplitude (HVLA) techniques can be extremely effective, efficient, long-lasting and gentle manipulative procedures. The HVLA techniques presented in this course will address representative dysfunction in all areas of the body from foot to occiput; will embrace care delivered in a wide range of body positions (supine, prone, seated and lateral recumbent); and will address many common clinical conditions associated with pain and dysfunction.

Techniques will be taught in the context of implementing postural-biomechanical or respiratory-circulatory clinical healthcare model goals in order to quickly impact common clinical conditions including headache, back pain, chest pain, and limb dysfunction. This method is designed to provide a logical context for later office use and for understanding indications and contraindications.

## Course Faculty

Michael L. Kuchera, DO, FAO, FNAOME,  
and Richard G. Schuster, DO

## Course Times

Friday, Saturday and Sunday from 8 a.m. to 5:30 p.m.

## Continuing Medical Education

24 credits of AOA Category 1-A CME anticipated.

## Meal Information

Morning coffee and tea will be provided. Lunch will be provided each day. Notify AAO Event Planner [Gennie Watts](#) of any special dietary needs no fewer than seven days in advance.

## Course Location

### The Pyramids, Building Three

3500 DePauw Blvd., Lower Level, Conference Rooms A and B  
Indianapolis, IN 46268

## Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (480) 816-3200  
or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

## Course Director

**Michael L. Kuchera, DO, FAO, FNAOME**, is a specialist in neuromusculoskeletal medicine. He has served on faculties for three osteopathic medical schools, most recently as a professor at the Marian University College of Osteopathic Medicine in Indianapolis. He has served the schools in a variety of capacities from residency director and chairperson of Osteopathic Manipulative Medicine to dean. He was a co-director of the Philadelphia College of Osteopathic Medicine's Center for Chronic Disorders of Aging where he conducted clinical research as the director of its Human Performance & Biomechanics Laboratory.



Dr. Kuchera has co-authored several textbooks, and he is a frequent and highly sought-after international speaker on diagnosing and managing somatic dysfunction in patients with pain, systemic disorders or specific neuromusculoskeletal complaints. He has been recognized for his work as a researcher, as a leader and as a medical educator, and the American Association of Colleges of Osteopathic Medicine has awarded him fellowships in the areas of medical education, medical education leadership, and for authoring educational works of enduring value.

Registration Fees	On or before July 5, 2018	July 6– Aug. 5, 2018	On or after Aug. 6, 2018
Academy member in practice*	\$910	\$960	\$1,160
Resident or intern member	\$710	\$760	\$960
Student member	\$510	\$560	\$760
Nonmember practicing DO or other health care professional	\$1,210	\$1,260	\$1,460
Nonmember resident or intern	\$1,010	\$1,060	\$1,260
Nonmember student	\$810	\$860	\$1,060

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

## Registration Form

### Mastering HVLA Manipulation

Aug. 10-12, 2018

Name: \_\_\_\_\_ AOA No.: \_\_\_\_\_

Nickname for badge: \_\_\_\_\_

Street address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

- I am a practicing health care professional.  
 I am a resident or intern.  
 I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Expiration date: \_\_\_\_\_ 3-digit CVW No.: \_\_\_\_\_

Billing address (if different): \_\_\_\_\_  
\_\_\_\_\_

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: \_\_\_\_\_

View the [AAO's cancellation and refund policy](#).

View the [AAO's photo and video release statement](#).



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

