

MYOFASCIAL RELEASE

Aug. 16-18, 2019 • The Pyramids • Indianapolis

Course Description

The goal of this course is to help participants continuously consider the functional reasons for pain and to find function rather than to eliminate pain. This course will help participants acquire a working knowledge of how myofascial release palpatory and treatment techniques can be used alone or in conjunction with other manual medicine methodologies. This course also hopes to help participants in developing the ability to think about specific anatomical areas in three dimensions both statically and dynamically and the ability to assess and treat specific myofascial problems.

Course Times

Friday and Saturday from 8 a.m. to 5:30 p.m.
Sunday from 8 a.m. to 12:15 p.m.

Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated.

Meal Information

Morning coffee and tea will be provided Friday through Sunday.
Lunch will be provided Friday and Saturday.

Course Location

The Pyramids, Building Three

3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (480) 816-3200
or globallyyourstravel@cox.net.



Course Director

Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook *Greenman's Principles of Manual Medicine*.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally, and she received the AAO's Thomas L. Northup award in 2018.

Registration Fees	On or before May 30, 2019	May 31– July 29, 2019	On or after July 30, 2019
Academy member in practice*	\$650	\$700	\$850
Resident or intern member	\$450	\$500	\$650
Student member	\$250	\$300	\$450
Nonmember practicing DO or other health care professional	\$950	\$1,000	\$1,150
Nonmember resident or intern	\$750	\$800	\$950
Nonmember student	\$550	\$600	\$750

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form Myofascial Release Aug. 16-18, 2019

Name: _____ AOA No.: _____

Nickname for badge: _____

Street address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Email: _____

- I am a practicing health care professional.
- I am a resident or intern.
- I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____

Cardholder's name: _____

Expiration date: _____ 3-digit CVV No.: _____

Billing address (if different): _____

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____

By registering for this course, you agree to abide by the AAO's [code of conduct](#), [photo and video release](#), and [cancellation policy](#).



Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to GWatts@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

