The American Osteopathic Association of Prolotherapy Regenerative Medicine

SPRING 2020 PROLO THERAPY CONFERENCE & CADAVER LAB | APRIL 15-18, 2020

THE AMERICAN PROLO THERAPY & REGENERATIVE MEDICINE CONFERENCE

WITH ADDITIONAL TRAINING OPTIONS INCLUDING
A BEGINNER'S PRECONFERENCE,
ENDONASAL MYOFASCIAL CRANIAL RELEASE
AND A CADAVER LAB
Welcome! We are excited to have you attend our spring 2020 Prolotherapy Medical Conference which is being held at the beautiful Naples Grande in Naples, Florida. In addition to our highly popular Beginner’s Prolotherapy preconference, the AOAPRM will also be offering a one day Endonasal Myofascial Cranial Release preconference. Both the Beginner and Endonasal Myofascial Cranial Release preconferences will be limited to 40 attendees to ensure optimal instructor: student ratio so register EARLY!

Our main conference will feature presenters who are experts in their field. In addition to our core prolotherapy lectures we have several unique Integrative Pain Treatment Techniques to add to your “toolbox” when treating your patients. We will also be offering our very popular cadaver lab again that will cover all joints in the body.

We look forward to providing CME that you can take back to your practice and start implementing immediately as well as meeting up with old colleagues and making new acquaintances.

DAMON WHITFIELD, D.O.
Program Chairman
THE
NAPLES
GRANDE
Naples, Florida

MAKE YOUR HOTEL RESERVATION TODAY:

www.prolotherapycollege.org

1 - 844 - 210 - 5931
(Ask for the GAOAPR20 group rate of $249/night.)

Group rate deadline is March 13th.

Rooms are limited so make your reservations as soon as possible. This rate is available until March 23, 2020. Rate is available 3 days before and 3 days after the conference. Resort fee is waived and self-parking is reduced 50% to $9.00/day.
BEGINNERS; THE BASICS YOU MUST KNOW BEFORE YOU GET STARTED

APRIL 15 | Category 1A | CME Credits (8)

This one day beginner’s program will cover pertinent anatomical structures that must be identified and palpated for each joint prior to any injection. In addition, the attendee will learn how to determine what size needle and solution is appropriate for that particular injury and joint. The attendee will also practice drawing their own solutions. There will be a beginner’s checklist provided to each attendee. This should be completed by the end of the day.

The AOAPRM’s goal is to provide all novice prolotherapy physicians a comprehensive introductory course before attending the main conference. The main conference will build on the basics and allow the beginner to better assimilate to the more advanced and complex variations to standard procedures. This one day program will follow a joint by joint format and will run from 9 to 5pm with a one hour break for lunch.

- Extensive review of pertinent anatomical structures
- Palpation and determination of injured site
- OMT prior to injection if necessary
- Determining what solution is appropriate and practice drawing the solutions
- Demonstrations showing preparation, injection technique and reviewing anatomy
- Introductory hands-on injection experience for participants

There will be a 7:1 instructor/student ratio. Due to the small group size, the program is limited to 56 participants so PLEASE register early.
This spring's pre-conference workshop will be on Endonasal Myofascial Cranial Release. A system that is easy to understand and duplicate. Endonasal adjusting has existed since the 1940s. What's more exciting is the neurologic effects! By introducing an endonasal cranial adjustment, the technique can be used to treat multiple neurological and structural disorders. This modality will expand your ability to reach levels of treatment success never experienced before. At the end of the course, you will be supplied with all of the equipment needed to immediately start using this technique when you get home. A 40-hour cranial course is a prerequisite to taking this course.
PROLOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE
THURSDAY, APRIL 16  |  Category 1A  |  CME Credits (27)

8:00 AM  Prolotherapy Basics – Eren Ural, D.O.
9:10 AM  Prolotherapy Treatment for the Knee – Walter Grote, D.O.
10:15 AM  Break (visit exhibitors).
10:45 AM  Prolotherapy Using PRP/Stem Cell – Brian Shiple, D.O.
11:45 AM  Prolotherapy for the Elbow, Wrist & Fingers – Brian Shiple, D.O.
1:00 PM  Lunch and Learn – TBD
2:15 PM  Neural Therapy – Gerald Harris, D.O.
4:20 PM  Break
4:45 PM  Down the Rabbit Role: Ideas for Treating Nerve Pain When All Else Has Failed
- Michele Raithel, N.D.
6:00 PM  Perimenopausal and Postmenopausal Hormone Changes that Impact Joint Health
- Angela Cortal, N.D.

PROLOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE
FRIDAY, APRIL 17  |  Category 1A  |  CME Credits (27)

8:00 AM  Prolotherapy for the Cervical Spine – Mark Johnson, M.D.
10:15 AM  Break (visit exhibitor)
10:45 AM  Prolotherapy for the Shoulder – Richard Hull, D.O.
11:45 AM  Lunch and Learn
1:00 PM  Prolotherapy for the Hip and Other Things to Consider - Aline Fournier, D.O.
2:10 PM  Ultrasound guided Injections – TBD
3:15 AM  Break (visit exhibitor)
3:45 PM  Prolotherapy Regenerative Medicine: The State of the Art – Donna Alderman, D.O.
4:45 PM  Osteopathic History of Ozone and Practical Prolozone Treatments – David Nebbeling, D.O.
5:45 PM  Principle Cartilage and Tissue Restoration – Damon Whitfield, D.O.
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MAIN CONFERENCE

PROLOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE

SATURDAY, APRIL 18  |  Category 1A  |  CME Credits (27)

**Cadaver Lab** – This lab is 3 hours and will feature all joints in the body. This lab will be available as a morning and afternoon session.

**Injection Workshop Training** – This workshop is 3 hours and will include various joint injection instruction and other regenerative medicine techniques (i.e., PRP, Facial Ascetics, Soft Tissue, OMT, Prolozone).

This lab will also be available as a morning and afternoon session.

If you register for the cadaver lab you will be assigned either the morning or afternoon session and will attend the opposite injection workshop session.

If you do not register for the cadaver lab you will attend both the morning and afternoon injection workshop sessions.

9:00 AM - Noon  |  Morning Workshop Session
9:00 AM - Noon  |  Cadaver Lab Group 1
12:30 PM  |  AOAPRM Business Luncheon
2:00 - 5:00 PM  |  Afternoon Workshop Session
2:00 - 5:00 PM  |  Cadaver Lab Group 2
5:15 PM  |  Q & A Panel - AOAPRM Board Members
6:00 PM  |  Wrap It Our UP Welcome Reception out on the Pool Terrace

Program Schedule is subject to change.
REGISTRATION FORM

The American Osteopathic Association of Prolotherapy Regenerative Medicine

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FirstName: ___________________________________________ Mi: ______ LastName: ___________________________________________

☐ Beginner* (must register for pre-conference) ☐ Experienced

Degree: ___________________________________________

Address: __________________________________________________________________________________________________________________________________

City/State/Zip: ___________________________________________________________________________________________________________________________

Daytime Phone: __________________________________________________________ AOA# (if applicable): ____________________________________________

Email Address: ___________________________________________________________________________________________________________________________

CONFERENCE FEES

Indicate any special dietary needs: ___________________________________________

☐ *$700 Pre-Conference for Beginners; The basics you must know before you get started
(This is a required course for all beginners)

☐ $700 Endonasal Myofascial Cranial Release (Non-Members) (one day preconference)

☐ $600 Endonasal Myofascial Cranial Release (Members) (one day preconference)

☐ $1200 Main Conference (Non-Members)

☐ $900 Main Conference (Members)

☐ $800 Main Conference (Reduced fee for all beginners required to take the preconference.)

☐ $700 Cadaver Lab (This is optional and is limited to the first 56 registrants.)

☐ Student and Residents
(call or email Linda Pavina @ 302-530-2489 LindaPavina@verizon.net for reduced fee details)

☐ $275 Guest Fee (Meals Only: Includes daily continental breakfast, 2 luncheons, & evening welcome reception)

Guest Name: __________________________________ TOTAL CONFERENCE FEES: $___________________

PAYMENT OPTIONS

ALSO REGISTER ONLINE AT WWW.PROLOTHErapyCOLLEGE.ORG

☐ Check (Make payable to: AOAPRM. Mail to: 303 S. Ingram Ct., Middletown DE 19709)

☐ Mastercard ☐ Visa ☐ Diner ☐ AmEx ☐ Other

Cardholder’s Name: ___________________________________________________________________________________________________________________________

Card#: ___________________________________________________________________________________________________________________________

Exp.Date: __________ CVV#: __________

Please return form with payment no later than April 13, 2020. Space is limited so register as soon as possible.

Fax: 302-376-8081

CANCELLATION/REFUND POLICY

The AOAPRM will refund 50% of the registration fee up to 90 days prior to the meeting date. 0 to 89 days prior to the meeting date will receive no refund.

HOTEL INFORMATION

THE NAPLES GRANDE - 475 SEAGATE DRIVE, NAPLES, FL 34103

Call 1-844-210-5931 and ask for the GAOAPR20 group rate of $249/night or go to our website and book online @ https://book.passkey.com/go/AOAPRM20 Rooms are limited so make your reservations as soon as possible. This rate is available until March 23, 2020. Rate is available 3 days before and 3 days after the conference. Resort fee is waived and self-parking is reduced 50% to $9.00/day.