

The American Osteopathic Association of Prolotherapy Regenerative Medicine
SPRING 2022 PROLOTHERAPY CONFERENCE WITH FULL DAY HANDS ON WORKSHOP | MAY 11-14, 2022

THE AMERICAN PROLOTHERAPY & REGENERATIVE MEDICINE CONFERENCE



WITH ADDITIONAL TRAINING OPTIONS INCLUDING
A BEGINNER'S PROLOTHERAPY WORKSHOP
OR
AN OSTEOPATHIC MANIPULATION TRAINING WORKSHOP





WELCOME TO THE AMERICAN OSTEOPATHIC ASSOCIATION PROLOTHERAPY REGENERATIVE MEDICINE 2022 SPRING TRAINING SEMINAR!

Welcome!! We are excited to have you attend our spring 2022 Prolotherapy and Regenerative Medicine conference being held at the Hyatt Mission Palms Hotel and Conference Center in Tempe, Arizona. The hotel is only 5 miles from the Phoenix International airport and the hotel offers complimentary shuttle service to and from the airport. It is located in the heart of Downtown Tempe and is within easy walking distance to hundreds of shops and restaurants. If you wish to visit Phoenix or Scottsdale, they are only a 10 minute drive in either direction.

In addition to our very popular Beginner's Prolotherapy Preconference we are offering an intensive one day Osteopathic Manipulative Therapy for beginners or physicians looking for a refresher course. Both of these programs are limited to 40 attendees to ensure optimal instructor/student ratio so register EARLY!

Our main conference will feature presenters who are experts in their field. In addition to our core prolotherapy lectures we have several unique regenerative pain treatment techniques to add to your "toolbox" when treating your patients. The conference wraps up with our always popular hands-on workshop.

We look forward to providing CME that you can take back to your practice and start implementing immediately as well as meeting with old colleagues and making new acquaintances.

WAYNE FEISTER, D.O.
Program Chairman

THE HYATT MISSION PALMS HOTEL

Tempe, Arizona



MAKE YOUR HOTEL RESERVATION TODAY:



www.prolotherapycollege.org



Details regarding how to make your hotel reservations will be available by January 21st



Group rate deadline is April 18th.

Rooms are limited so make your reservation as soon as possible. Rate is available 3 days before and 3 after the conference dates. Resort fee is reduced to \$10.95. Free self and valet parking and complimentary shuttle pickup from and to the airport.

BEGINNERS; THE BASICS YOU MUST KNOW BEFORE YOU GET STARTED

MAY 11 | Category 1A | CME Credits (8)



MODERATOR:
Dr. Ann Auburn, D.O.

This one day beginner's program will cover pertinent anatomical structures that must be identified and palpated for each joint prior to any injection. In addition, the attendee will learn how to determine what size needle and solution is appropriate for that particular injury and joint. The attendee will also practice drawing their own solutions. There will be a beginner's checklist provided to each attendee. This should be completed by the end of the day.

The AOAPRM's goal is to provide all novice prolotherapy physicians a comprehensive introductory course before attending the main conference. The main conference will build on the basics and allow the beginner to better assimilate to the more advanced and complex variations to standard procedures. This one day program will follow a joint by joint format and will run from 9 to 5pm with a one hour break for lunch..

- Extensive review of pertinent anatomical structures
- Palpation and determination of injured site
- OMT prior to injection if necessary
- Determining what solution is appropriate and practice drawing the solutions
- Demonstrations showing preparation, injection technique and reviewing anatomy
- Introductory hands-on injection experience for participants

There will be a 7:1 instructor/student ratio. Due to the small group size, the program is limited to 56 participants so PLEASE register early.

OSTEOPATHIC MANIPULATION TECHNIQUE

MAY 11 | Category 1A | CME Credits (8)



MODERATOR:
Dr. Wayne Feister, D.O.

One day hands-on course for Osteopathic Manipulation Therapy. Great introductory session on basic manipulation which will include anatomy, normal and abnormal function as well as specific therapies. This will be a good refresher courses well taught by some of the best OMT doctors in this field.

This course will have a maximum of 7:1 student/instructor ratio. Due to the small group size, this program will fill up quickly so PLEASE register early.

MAIN CONFERENCE

PROLOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE

THURSDAY, MAY 12 | Category 1A | CME Credits (27)

8:00 AM	Welcome & Updates
8:15 AM	Overall diagnostic and treatment strategy, applicable to any joint or Area – <i>Mark Johnson, M.D.</i>
9:20 AM	Solutions and Needle sizes for the various joints of the body - <i>Alex Egereter, D.O.</i>
10:15 AM	Break
10:45 AM	Prolotherapy Treatments for the Knee and other things to consider – <i>Aline Fournier, D.O.</i>
11:45 AM	Lunch and Learn
1:30 PM	Prolotherapy Treatments for the Shoulder, Elbow and Hand – <i>Richard Hull, D.O.</i>
2:30 PM	PRP/Prolotherapy; When, Why, Where and How - <i>Walter Grote, D.O.</i>
3:30 PM	Break
4:00 PM	Nutrition – It's what for dinner...or not! - <i>Arden Andersen, D.O.</i>
6:00 PM	Perimenopausal and Postmenopausal Hormone Changes that Impact Joint Health - <i>Angela Cortal, N.D.</i>

PROLOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE

FRIDAY, MAY 13 | Category 1A | CME Credits (27)

8:00 AM	Program updates
8:15 AM	The Most common Shoulder Injuries that can be successfully treated with Regenerative Injection Techniques – <i>TBD</i>
9:20 AM	Regenerative Injection Therapy for the Cervical and Thoracic Spine - <i>Fred Allina, D.O.</i>
10:15 AM	Break
10:30 AM	Detection of Allergy, Toxin, Dysautonomic, Psychologically-induced interfer fields - <i>Dr. Porter</i>
11:45 AM	“Stem cells, Allografts, and Autografts ... Where are we now and applications in Prolotherapy” - <i>Sean Goddard, D.O.</i>
12:00 PM	Lunch
1:30 PM	Prolotherapy Treatments using PRP and or Stem Cell Sclerosants for the Hip and Pelvis Region - <i>Damon Whitfield, D.O.</i>
2:30 PM	Treatment for Chronic Fungus Sinusitis – <i>Gerald Harris, D.O.</i>
3:30 PM	Break
4:00 PM	Wrap it all up! Question and Answer Session; Panel Discussion covering all the previous lectures

MAIN CONFERENCE

PROLOTHERAPY & ITS ROLE IN REGENERATIVE MEDICINE

SATURDAY, MAY 14 | Category 1A | CME Credits (27)

8:00 AM	Program updates
9:00 AM - Noon	Morning Workshop Session Hands-On Workshops: Applying the techniques taught over the past two days of lectures
12:00 - 2:00 PM	Lunch
2:00 - 5:00 PM	Afternoon Workshop Session Hands-On Workshops: Applying the techniques taught over the past two days of lectures

REGISTRATION FORM



The American Osteopathic Association of Prolotherapy Regenerative Medicine
SPRING 2022 TRAINING SEMINAR | MAY 11-14, 2022

FirstName: _____ MI: _____ LastName: _____

Beginner* (must register for pre-conference) Experienced Degree: _____

Address: _____

City/State/Zip: _____

DaytimePhone: _____ AOA#(if applicable): _____

EmailAddress: _____

CONFERENCE FEES

Indicate any special dietary needs: _____

- \$800 Pre-Conference for Beginners; The basics you must know before you get started
(This is a required course for all beginners, discounted rate for main conference applies)
- \$800 Main Conference (Reduced fee for all beginners required to take the preconference/student-resident rate)
- \$800 Osteopathic Manipulation Training Workshop (Non-Members) (one day preconference)
- \$700 Osteopathic Manipulation Training Workshop (Members) (one day preconference)
- \$1300 Main Conference (Non-Members)
- \$1000 Main Conference (Members)
- \$800 Virtual Conference (Non-Members)
- \$600 Virtual Conference (Members)

Guest Name: _____ TOTAL CONFERENCE FEES: \$ _____

PAYMENT OPTIONS

ALSO REGISTER ONLINE AT WWW.PROLOTHERAPYCOLLEGE.ORG

- Check (Make payable to: AOAPRM. Mail to: 303 S. Ingram Ct., Middletown DE 19709)
- Mastercard Visa Diner AmEx Other

Cardholder's Name: _____

Card#: _____ Exp.Date: _____ CVV#: _____

Please return form with payment no later than April 13, 2020. Space is limited so register as soon as possible.

HOTEL INFORMATION

THE HYATT MISSION PALMS HOTEL - 60 E 5TH ST, TEMPE, AZ 85281

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