

ADVANCED APPROACHES TO THE FOOT AND ANKLE

**DECEMBER 1-3, 2023
NAPA VALLEY, CALIFORNIA**



WELCOME TO ADVANCED APPROACHES TO THE FOOT AND ANKLE

This is a once in a lifetime opportunity for this course.

The course includes prolotherapy for foot and ankle injuries, advanced foot treatment, and treatment of retained primitive foot reflexes.

Our guest instructor, Rue Tikker, DPM learned and worked with Dr. Hiss. Making the 96 year old Dr. Tikker the oldest living link to A.T. Still's foot and ankle techniques.

DAMON WHITFIELD, D.O., MPH

Program Chairman

REGISTRATION FORM



First Name: _____ MI: _____ Last Name: _____

Degree: _____

Address: _____

City/State/Zip: _____

Daytime Phone: _____ AOA# (if applicable): _____

Email Address: _____

CONFERENCE FEES

Indicate any special dietary needs: _____

Registration Fee: \$1,600

Resident/Student Fee: \$800.00

* Call Alma Valles @ 614-792-2779 for the Resident/Student Fee Schedule. First Resident and Student to register will be complimentary.

TOTAL CONFERENCE FEES: \$ _____

PAYMENT OPTIONS

To register, please call, email, or fax registration information and payment to Alma Valles: Phone: 614-792-2779 / Fax: 614-792-7255 / Email: LibertyRPM@gmail.com

Mastercard Visa

Cardholder's Name: _____

Card #: _____ Exp. Date: _____ CVV#: _____

Please return form with payment no later than November 3, 2023. Space is limited so register as soon as possible.

SCHEDULE

FRIDAY, DECEMBER 1 | Category 1A | CME Credits (19)

7:00 AM	Registration
8:00 AM	Introduction and History - <i>Wayne Feister, DO</i>
9:00 AM	Anatomy of the Foot and Ankle - <i>Charlie Beck, DO</i>
10:00 AM	Break
10:15 AM	Palpation of Surface Anatomy/Motion Testing Diagnosis Workshop and Small Group Discussion – <i>Charlie Beck, DO, Rue Tikker, DPM</i>
11:15 AM	Treatment of Acute Ankle Sprain Injuries (Lecture/Lab) – <i>Damon Whitfield, DO, Rue Tikker, DPM</i>
12:15 PM	Lunch
1:00 PM	Treatment of Chronic Ankle and Foot Injuries (Lecture/Lab) – <i>Charlie Beck, DO, Rue Tikker, DPM</i>
2:30 PM	Break
2:45 PM	Taplin Device - <i>Wayne Feister, DO</i>
3:45 PM	Managing the Foot/Ankle Injury Patient (Lecture/Lab including small group discussion) – <i>Damon Whitfield, DO, Rue Tikker, DPM</i>
5:15 PM	Introduction to Prolotherapy; Solutions and Basic Safety – <i>Damon Whitfield, DO</i>
6:45 PM	Adjourn

SATURDAY, DECEMBER 2 | Category 1A | CME Credits (19)

8:00 AM	Taping Foot and Ankle Injuries (Lecture/Lab) – <i>Charlie Beck, DO, Rue Tikker, DPM</i>
10:00 AM	Break
10:15 AM	Injections for Foot and Ankle Injuries (Lecture/Lab) – <i>Damon Whitfield, DO, Charlie Beck, DO, Rue Tikker, DPM</i>
1:15 PM	Lunch on your own

SUNDAY, DECEMBER 3 | Category 1A | CME Credits (19)

Advanced Portion

8:00 AM	Primitive Reflexes for the Foot – FPR, Moro, Stepping, Heel, Babinski (Lecture and Workshop) - <i>Charlie Beck, DO</i>
10:00 AM	Break
10:15 PM	Taplin Device - <i>Wayne Feister, DO</i>
11:15 PM	Nutrition Issues in MSK system - <i>Wayne Feister, DO</i>
11:45 PM	Break
12:00 PM	Female Foot Syndrome - <i>Damon Whitfield, DO</i>
1:00 PM	Meeting Adjourned

LIBERTY MEDICAL
10208 SAWMILL PARKWAY
POWELL, OH 43065



SPRING HILL SUITES

Napa Valley, CA



MAKE YOUR HOTEL RESERVATION TODAY:



1-707-253-1900
(Ask for the Foot and Ankle Training Group)



Group rate deadline is October 30, 2023.

Room rate for 11/30 is \$169.00.
The rate for 12/01 and 12/02 \$230 per night.